



**THE
KARATE
INSTITUTE**
空手道

**ALL AGES
FROM 8 YEARS
AND UP**



FIGHT DAY **KUMITE**



SUNDAY
16
JUNE

(SPARRING WITH PROTECTIVE EQUIPMENT)

Time: 7:30AM to 11AM

Location: Peakhurst Dojo

Students required to setup and pack away. These sessions are designed to get students confident with sparring. It is well supervised and protective equipment is used. Don't let your fear stop you.

karateinstitute.com.au



tkipeakhurst



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